

## Preparation Checklist

**We are excited to have you join us for an exhilarating experience in the tree-tops. In order to have the best possible experience, please review this sheet.**

### **Physical Requirements**

**Minimum weight 80 pounds**

**Maximum weight of 280 pounds**

- Prior to participating, all guests must read, understand, and sign a waiver and liability release form.
- Guests must be of moderate to good health and free of alcohol, drugs, or medication which might alter their normal physical or mental abilities. Guests taking medications that prohibit driving or operations of machinery may not participate in the tour.
- All guests must wear sturdy, closed toe shoes that cannot fall off.
- Clothing must be worn that will protect your torso from rubbing caused by the harnesses. We ask that guests avoid wearing revealing or low cut tops.
- We recommend wearing long pants. If you choose to wear shorts, please make sure they have at least a 4-inch in-seam so that your legs are protected and padded from the waist and leg loops of the harness.
- No dresses, kilts or skirts.
- Supportive undergarments are required.
- Please remove any loose or dangling jewelry. Body piercings are not recommended.
- Guests with long hair need to have their hair tied back and secured.
- All necklaces must be able to tuck under your shirt.
- It is best to remove all rings and bracelets. Belt buckles must be small for comfort and safety.
- You may bring a camera if you have some means of securing it. If you choose to bring a camera, RMC will not be responsible for any damages to the equipment.
- Cell phones and other electronic distractions to the tour group (iPods, etc.) are not allowed on the tour.
- There is a designated area on our facilities for smoking, HOWEVER, smoking is NOT PERMITTED during the course of the canopy tour.

While we seek to use equipment that is easily fit and comfortable for guests of many shapes and sizes, we may not have equipment that will safely fit all shapes. Please understand, we can not test this in advance and must put safety first.

**We reserve the right to deny participation for any safety-related reason.**