

Refreshing Mountain Camp, Inc.

GUIDELINES

1. **STATEMENT OF FAITH.** As mentioned in the contract, we do not require that our guest groups fully ascribe to our statement of faith, however, all **religious/cultural/social activities** organized by guest groups may not **conflict** with the Statement of Faith to which the camp ascribes. This statement, as per membership in Christian Camp and Conference Association, is as follows:

We believe in...

*The Holy Scriptures as originally given by God, divinely inspired, infallible, entirely trustworthy and the supreme authority in all matters of faith and conduct,
The Triune God – Father, Son, and Holy Spirit,*

*The deity of the Lord Jesus Christ, His substitutionary atonement for sin, His bodily resurrection and His personal, visible return to earth to reign in righteousness and glory;
The Person of the Holy Spirit and His work of conviction, regeneration, and sanctification, who indwells every believer equipping them with gifts for service and witness;
The necessity of new birth, in salvation by faith in Jesus Christ alone and the importance of a life fully committed to the will of God in Christ; and
The church as the one universal body of Christ who is the Head, called to be God's redeemed people.*

2. **QUIET HOURS.** Quiet hours are from 11:00 PM to 7:00 AM. This will be strictly enforced by your group leaders. If your group is not in the bunks during this time, it needs to be in some sort of supervised activity **INDOORS** (i.e. Gyms, Dining Hall, Meeting Room, etc.). If RMC staff is required to enforce the quiet hours, your group may be sent to their bunks for the evening.
3. **POOL RULES.** The following are a few of the pool rules at RMC. Group leaders are asked to discuss these with their group members prior to use of the pool.
 - **MODEST SWIMMING SUITS.** Swimwear must be a **ONE-PIECE SUIT FOR WOMEN AND GIRLS (ALL AGES)** or else an opaque shirt must be worn as a cover-up. Certain tankini-style suits are permitted provided that no midriff is showing at any time. Men and boys must wear boxer style suits (i.e. no SPEEDO suits). Light-weight clothing may be worn in the pool (i.e. mesh shorts, cotton t-shirts), but no jeans, sweat pants, or full-length dresses are to be worn in the pool.
 - **WET PLAYGROUND.** No rough-play or climbing on the pipes (there may be little children in this area).
 - **WADING AREA.** No shoulder chicken fights. No more than 3 persons in a “dunk party”.
 - **DIVING AREA.** Face-forward stunts only. One bounce and off.
 - **WATERSLIDES.** One person at a time. Feet first on back only. You must be able to swim to use the slides.
 - **IN GENERAL,** no swimming in the roped off areas, no foul language, and please be courteous of others. Groups should plan to have Pool Monitors (adults/chaperones) assigned to the pool area to assist the lifeguards with enforcement of these and other posted rules.
4. **DAMAGES/PRANKS TO PROPERTY.** Please report damaged facilities and broken equipment to RMC staff. Damage caused by pranks and/or rough play will be billed to your group. Some “hot spot” areas that we watch and bill for are as follows: Fire extinguishers used in non-emergency (\$50.00 fine plus cost to recharge), broken lights in gyms (\$25.00 per bulb), holes in the walls of bunks/meeting rooms (\$100.00 per hole). Pranks (i.e. toothpaste, shaving cream, silly string, etc. on doors, walls, etc) will be billed \$20.00 per incident IF RMC STAFF NEED TO DO ANY CLEANUP. Other damages will be billed at the cost to repair.
5. **DRESS CODE.** Please dress modestly. No halter, strapless, or tube tops are allowed. Shirts and shoes must be worn in the Dining Hall and meeting rooms. No two-piece swimming suits for swimming, unless covered by an opaque t-shirt. Cover-ups must be worn to and from the pool.
6. **GYM TIME.** All gym time must have adult supervision. Please avoid activities which might damage the ceiling/lights (i.e. kicking balls against the ceiling).
7. **DISCOURAGED ITEMS.** Guests of RMC are encouraged to leave the following things at home. Cell phones (except group leaders), radios, Televisions, cigarettes and pets. If Radios and/or TVs are brought to RMC, the volume must be kept at a low level and the content must be appropriate for a Christ-centered, family-oriented environment.
8. **PROHIBITED ITEMS.** The following items are prohibited at RMC. Illegal Drugs, Alcohol (except for communion services if warranted), firearms or other weapons, and fireworks.
9. **SMOKING.** Smoking is not permitted in or around any of the camp buildings. The stone parking lot beside the Dining Hall is the only designated smoking area on camp property for those who do need to smoke. A fine of \$100.00 will be imposed for smoking inside any of our facilities.
10. **PETS.** No pets are permitted in any of the buildings. Pets brought to the camp must be kept on a leash at all times.
11. **OVERNIGHT AND DAY PARKING.** Overnight parking should be done in the parking lot next to the Dining Hall. Day parking should be done in the parking lot next to the pavilion. The driveways in front of the bunks are for loading and unloading only.
12. **NATURAL ENVIRONMENT.** Plants and animals are not to be removed from the premises. Guests are asked to cooperate in the preservation of the natural environment.
13. **CHECKOUT.** Before leaving, please gather the trash in the facilities that you used and place it in an organized pile inside of the doors. You can get trash bags at the Dining Hall. You are not required to do any other cleaning of the facilities (i.e. carpet, sinks, toilets, etc.). RMC will take care of all typical cleaning requirements but may bill extra cleaning fees for “non-typical messes” (i.e. prank residue, excessive mud, excessive litter, etc).

We hope that you enjoy your stay!