

Refreshing

Also at Refreshing Mountain Camp

- Pool Parties
- Tent & Campsites
- Playground
- Game Room
- Store: shirts, pizza, hot pretzels, candy, cold drinks, ice cream, toys, etc.
- Swimming Lessons
- High Ropes Course
- Climbing Tower
- Indoor Climbing Wall
- Group Teambuilding Initiatives
- Experiential/Nature Education
- Pavilion Rentals
-

Family membership is defined as 2 married adults plus all dependent children. This includes fresh air/foster children but does not include relatives (grandparents, grandkids, cousins, etc), unless such persons reside as a dependent with the family



2011 POOL MEMBERSHIP CONTRACT

I/We have read the Refreshing Mountain Pool Membership rules and regulations and agree to abide by them.
 I/We understand that this contract is valid for the 2011 pool season only.

Signature: _____ Date: _____

\$ _____ Family Membership: \$230.00 before April 26; \$250.00 after April 30
 ~Add Grandparents for an extra 25.00 each.
 \$ _____ Unlimited Pool Pass: \$90.00

**Please make checks payable to
 Refreshing Mountain Camp, Inc.**

**Mail to
 455 Camp Road
 Stevens, PA 17578**

Name: _____

Children:(1) _____ Age: _____

Address: _____

(2) _____ Age: _____

(3) _____ Age: _____

Phone: _____

(4) _____ Age: _____

POOL RULES AND REGULATIONS

THERE ARE CERTAIN LAWS AND CONDUCT THAT GOVERN USE OF POOLS
EVERYONE MUST OBEY THESE LAWS FOR THEIR OWN SAFETY AS WELL AS
THE SAFETY AND COMFORT OF OTHERS

1. All persons using the pool, or pool area, do so at their own risk and sole responsibility. The management does not assume responsibility for any accident or injury in connection with the use of the pool.
2. Members will be held responsible for all actions of their guests. The cost of any property damage will be charged to the responsible party
3. All persons must use the facility in conformity with all rules and regulations. Any person may be barred from the pool area for violation of the rules and regulations at the discretion of those in charge. Running, rough play and conduct not conducive to safety are prohibited in the pool and pool area.
4. Disrespect toward the authority of the LIFEGUARDS will not be tolerated.
5. Management reserves the right to limit the number of guests admitted, when in its opinion, the pool is overcrowded thus endangering the occupants.
6. All persons must read and understand the posted slide and diving rules before using this areas.
7. All persons in bathing attire shall wear a robe or appropriate covering on their way to and from swimming area. Swimwear must be a one piece suit for females and boxer style suits for males.
ABSOLUTELY NO BIKINI OR SPEEDO SUITS ALLOWED. Mesh shorts and shirts will be allowed in the pool, however jeans are not permitted. Normal clothing is allowed in pool area in the seating areas, however swimming attire will be required in the water. A dark tee shirt cover up can be used to cover a two piece suit. Tankinis are permissible if no midriff is exposed.
8. Everyone with in the pool area will either need to be a season member, a paying guest, or a retreat member.
9. Children, 10 years of age or under, are not permitted in the pool area without an adult. (Adult is defined as someone over the age of 18)
10. Babies MUST be in swimming diapers while in the pool, No plastic diapers please!
11. Admission can be refused to anyone with skin abrasions, colds, coughs, inflamed eye infections or certain type of bandages.
12. No pets allowed in pool area.
13. Food and beverages may be brought into the pool deck areas. No glass allowed in pool area. Dispose of leftovers properly.
14. Pool ladders are to remain open for traffic at all times. No sitting on, standing in or obstructing the ladder areas.
15. There is no admittance to the pool without a RMC lifeguard on duty.
16. Suntan lotion is not for washing off in the pool. Apply it out of the water.
17. Voices are to be kept at a normal level. FOUL LANGUAGE WILL NOT BE TOLERATED!!! Personal radios must be kept very personal.
18. Chairs and tables are first/come first/serve basis. Please place towels and misc. items in the bins provided to keep the tables open for food times.
19. No smoking allowed within the fenced area and within 100 feet of any buildings.
20. No chewing gum or hard candy should be in the pool area. This is a major choking hazard.
21. Refrain from moving furniture around. Please keep them in the area they started in.

**NOTE: PLEASE OBSERVE AND FOLLOW THE POSTED SIGNS AT THE ENTRANCE
AND FOR THE DIVING AND SLIDE AREAS**

These rules will be enforced. Your cooperation will result in a pleasant, enjoyable and safe pool swimming season for all.

**REFRESHING MOUNTAIN CAMP ASSUMES NO RESPONSIBILITY FOR ANY ACCIDENTS OR INJURIES
IN CONNECTION WITH USE OF THE POOL. PERSONS USING THE POOL RELEASE AND INDEMNIFY
THE CAMP AND ITS MEMBERS FROM ANY CLAIMS IN CONNECTION WITH ANY LOSS OF LIFE OR
PERSONAL INJURY OR DAMAGE OR LOSS OF PERSONAL PROPERTY.**

Signature _____ Date _____

Printed name _____

Refreshing Mountain Camp

455 Camp Road
Stevens, Pennsylvania 17578

March 2011

Dear Potential Pool Member,

The summer season is quickly approaching and we hope that you will join us for a season of safe, enjoyable fun at the Community Pool of Refreshing Mountain Camp. Enclosed you will find a brochure listing the rules and rates. **On a separate brochure is information related to Swimming Lessons.** Below I have listed a few policies for 2011, which members will want to note. On the back of this letter is a schedule for the summer season.

- For 2011, we are again limiting the number of memberships that will be sold to the first 120 memberships. These will be sold on a first-come, first-served basis. Our intent in this is to limit overcrowding at the pool.
- **UNLIMITED SINGLE PASS FOR \$90.00.** This pass can be used by any one person on any given day. It can be passed from person to person on various days, but only one admittance per day. This is replacing the single membership. Limited to the first 70 purchases.
- **Rider for Grandparents-** You can now add grandparents to your family membership for \$25.00 per grandparent.
- Family membership is defined as 2 married adults plus all dependent children. This includes fresh air/foster children but does not include relatives (grandparents, grandkids, cousins, etc), unless such persons reside as a dependent with the family.
- Family Pool Memberships rates for 2011 have remained the same as 2009 and 2010.
- June 9th, 2011 will be a FREE-swimming day. Tell your friends and bring them along! There will be no cost for daily admission.

Specifically, pool membership at RMC gives you access to the pool area. It does not include access to other areas of the camp (i.e. the gyms, baseball field, pavilion, Ropes courses, etc.). Pool members will be allowed to use the playground and outdoor basketball/volleyball court if these facilities are not occupied by guest groups of RMC, **but it is imperative that the pool members not roam beyond these 2 areas and the pool.**

Please let us know if you have any questions regarding the pool. We hope that you will join us for a safe and enjoyable season.

Sincerely,



Don Bomberger
Activities Director

Phone (717) 738-1490 Fax (717) 733-6929

Web: www.RefreshingMountain.com

Refreshing Mountain Camp Pool Hours 2011

May 2011						
Sun	Mon	Tues	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2011						
Sun	Mon	Tues	Weds	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10+	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	+29	30		

July 2011						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	*9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	+28	29	30
31						

August 2011						
Sun	Mon	Tues	Weds	Thurs	Fri	Sat
	1	2	3	4	*5	6
7	8	9	10	11	12	13
14	+15	16	17	18	19	20
21	22	23	24	25	26	+27
28	29	30	31			

☼ FREE Days

Sept 2011						
Sun	Mon	Tues	Weds	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

	Open from 1:00PM to 7:00PM Sundays
	Open from 12:00PM to 7:00PM
	Open from 1:00PM to 4:00PM
	Open from 3:00PM to 6:00PM
+	Indicates a Late Night Swim from 7:00PM to 9:00PM
*	Indicates a Late Night Swim from 9:00PM to 11:00PM
Subject to Change without notice. Contingent upon public safety and weather conditions.	

Day Guest Rates (for those not members)					
	Ages 0 to 2	Ages 3 to 6	Ages 7 to 12	Ages 13 & Up	Senior Citizen 65 & Up
	Free	\$4.00 per person	\$6.00 per person	\$7.00 per person	\$6.00 per person
	Free	\$2.00 per person	\$3.00 per person	\$4.00 per person	\$3.00 per person
	Free	\$2.00 per person	\$3.00 per person	\$4.00 per person	\$3.00 per person
+,*	Late Night Swims are \$3 per person ages 4 and older. Season members may bring one guest per member at no charge for Late Night Swims.				
Unlimited Single Pass				\$90.00	



717)738-1490 www.refreshingmountain.com

Refreshing
Mountain Camp

455 Camp Road, Stevens, PA 17578

AMERICAN RED CROSS CERTIFIED
Swimming
Lessons!

Refreshing Mountain Camp. Summer 2011

Levels 1, 3/4, and 5/65

June 28th, 30th,
July 7th, 12th, 14th, 19th,
21st, 26th, 28th,
Aug. 2nd

Level 5/6: 9:30-10:10 AM. Tues-
day/Thursday.
Max of 10 people

Level 3/4: 10:15-10:55 AM.
Tues./Thurs.
Max of 10 people

Level 1: 11:00-11:40 AM.
Tues./Thurs.
Max of 8 people

Levels 2, 3, and 4/5

June 27th, 29th,
July 6th, 11th, 13th, 18th,
July 20th, 25th, 27th. Aug. 1st.

Level 4/5: 9:30-10:10 AM.
Monday/Wednesday.
Max of 10 people

Level 3: 10:15-10:55 AM.
Monday/Wednesday.
Max of 10 people

Level 2: 11:00-11:40 AM.
Monday/Wednesday.
Max of 8 people

Preschool

July 1st, 8th, 15th,
22nd, 29th.

Level Preschool 3:
10:00-10:25 AM. Friday.
Max of 8 people

Level Preschool 2:
10:30-10:55 AM. Friday.
Max of 6 people

Level Preschool 1:
11:00-11:25 AM. Friday.
Max of 6 people

Pricing:

\$50.00 per student if a Pool Member. \$75.00 per student if not a Pool Member.
Preschool - \$35.00 per student if a Pool Member. \$45.00 per student if not a Pool Member

Description of Swimming Levels

Preschool 1,2, 3—Intro to Water Basics

Level 1 - Intro to Water Skills (min age is 6)
*Learning to feel comfortable in the water
and enjoy it.*

Level 2 - Fundamental Water Skills
Learning movement in water.

Level 3 - Development of Stokes
Learning to coordinate strokes for movement.

Level 4 - Improvement of Strokes
Learning to coordinate strokes for movement.

Level 5 - Refining the Strokes
*Learning to be proficient in all stokes with turns.
Life saving skills added.*

Level 6 - Skill Proficiency and Endurance
*Learning to use all the strokes with ease.
Intro to Lifeguarding.*

Students will receive American Red Cross Certificates
for level completed
CLASSES RAINED OUT WILL BE RESCHEDULED



Swimming Lessons Registration Form

Please make checks payable to **Refreshing Mountain Camp, Inc.** and mail with form to **455 Camp Road, Stevens, PA 17578**

Name of Participant: _____ Age : _____ Session #: _____ Level #: _____

Name of Participant: _____ Age : _____ Session #: _____ Level #: _____

Name of Participant: _____ Age : _____ Session #: _____ Level #: _____

Parent/Guardian's Name: _____ Phone: _____

Address: _____

**Register by
June 25th for
session.**

Slots will be filled
on a first come,
first served basis.

Emergency Name: _____ Relationship: _____ Phone: _____

Physician's Name: _____ Phone: _____